



## Sikkim Green Lake Trek



This is a very picturesque trail which combines natural beauty with spectacular views of high peaks. There are vast tracts of thick forest, with several varieties of rhododendrons, other colourful flowers, birds and many waterfalls on both sides of the trail. Kanchendzonga was one of the first peaks to be attempted by expeditions before world war two. As Nepal was closed, the approach from Sikkim, via the Zemu Glacier, was followed instead. Pre war Everest expeditions also passed through North Sikkim and this trail was part of their route. Today, it is still largely unexplored region as not many parties have been allowed across to Green Lake.

The trek to Green Lake, the base camp of mount Kanchendzonga on the Zemu glacier in north Sikkim is a splendid walk with the variety of flowers like rhododendron, blue poppies and primulas all in bloom. The mountain views are fantastic with amphitheatre of peaks with mount Kanchendzonga at the head of the valley. However, the green

lakes base camp is more than 5000m and so proper acclimatization is essential to avoid altitude sickness.

## Sikkim Green Lake Trek



**Day 1) Bagdogra Airport to Gangtok** (1650m / 5 to 6 hrs Drive) (Hotel)

**Day 2) Gangtok to Lachen** (2700m / 5 to 6 hrs drive) (Hotel)

**Day 3) Lachen to Talem** (3240m / 4 to 6 hrs) (Camping)

**Day 4) Talem to Jakthang** (3300m / 4 to 5 hrs) (Camping)

**Day 5) Jakthang to Yabuk** (3850m / 4 to 5 hrs) (Camping)

**Day 6) Yabuk to Rest Camp** (4500m / 5 to 6 hrs) (Camping)

**Day 7) Rest Camp to Green Lake** (5050m / 5 to 6 hrs) (Camping)

**Day 8) Rest Day and hiking at Green Lake**

**Day 9) Green lake to Yabuk** (3850m / 5 to 6 hrs) (Camping)

**Day 10) Yabuk to Jakthang** (3300m / 4 to 5 hrs) (Camping)

**Day 11) Jakthang to Lachen** (2700m / 4 to 5 hrs) (Camping)

**Day 12) Lachen to Gangtok** (5 to 6 hrs drive) (Hotel)

## Yuksom Dzongri Trek



Yuksom Dzongri Trek is one of the most popular short high altitude trekking destinations in Sikkim. Dzongri trek is a shorter version of the Goechala Trek. This particular trek starts from Yuksom and ends up at Yuksom in 5 days. Dzongri trek is specially suitable and designed for the trekkers who wanted to explore more in a shorter period of time. In fact, Dzongri and Dzongri La (view point) is the best spot for a view of the mountains and its ranges in the Sikkim Himalayas.

Along with the mighty Mt. Kanchendzonga 8585m - The third highest mountain in the world, some of the most well-known peaks seen during this trek from Dzongri View Points are Mt. Pandim 6691m, Mt. Kabur north 7338m, Mt. Kabur south 7317m, Mt. Kumbhakarna (Janoo) 7710m, Mt. Simvo 6811m,

Mt. Kabru Forked 6108m, Mt. Frey Peak 5830m, Mt. Rathong 6679m, Mt. Kokthang 6147m and Mt. Goecha Peak 5127m.



**DAY 1) Yuksom to Tshoka** (3000m / 6-7 hrs) (Camping / Hut)

**DAY 2) Tsokha to Dzongri** (4030 m / 5-6 hrs) (Camping / Hut)

**DAY 3) Dzongri Rest and Acclimatization / Dzongrila**(4000m / 4250m / 40 mins) (Camping / Hut)

**DAY 4) Dzongri to Tshoka** (3050m / 4 to 5 hrs) (Camping / Hut)

**DAY 5) Tshoka to Yuksam** ( 1875m/ 5 to 6 hrs) (Hotel)

### **Uttarey Singalila Trek**



Uttarey Singalila Trek route encompasses the area southwest of Dzongri and as defined by its name, includes several days of

hike traversing the Singalila range, the lesser mountain chain that rises from the northern hills of Darjeeling district and extends to converge with the Kanchendzonga massif. The Singalila range demarcates the western borders of Sikkim and Darjeeling with Nepal. During this trek one will be able to witness and enjoy the Mountains, passes and range of both India (Sikkim) and Nepal. Uttarey Singalila Trek passes through the Border and ridges of Indian and Nepal. During this Trek one has the flexibilities and option to trek through 5 to 7 different high altitude lakes of different sizes and shape however it adds few more days to the itinerary. This Uttarey Singalila Trek is also known as the Lake trek or the Uttarey Chewabhangyang Trek.

Uttarey Singalila treks is specially suitable for the trekkers who love to be with Nature for longer number of days. The treks start from Uttarey and Ends up at Yuksam or can be done vice versa.

### **Uttarey Singalila Trek**

**Day 1) Yuksam / Gangtok to Uttarey** (2320m / 3 hours / 5 to 6 hrs) (Camping)

**Day 2) Uttarey to Chewabhanjyang** (3144 m / 5 to 6 hrs) (Camping)

**Day 3) Chewabhanjyang Rest and Acclimatization**

**Day 4) Chewabhanjyang to Dhor** (3800m / 5 to 6 hrs) (Camping)

**Day 5) Dhor to Parey Megu** (3940m / 5 to 6 hrs) (Camping)

**Day 6) Parey Megu to Lam Pokhari** (4600m / 5 to 6 hrs)  
(Camping)

**Day 7) Lam Pokhari to Gomathang** (3500m / 5 to 6 hrs)  
(Camping)

**Day 8) Gomathang to Pangding** (4270m / 5 to 6 hrs)  
(Camping)

**Day 9) Pangding to Dzongri** (4020m / 5 to 6 hrs) (Camping  
/ Hut)

**Day 10) Dzongri to Thangshing** (3930m / 4 to 5 hrs)  
(Camping)

**Day 11) Thangshing to Lamune** (4130m / 2 to 3 hrs)  
(Camping)

**Day 12) Lamune to Goechala / Thangshing** (4940m / 8 to  
9 hrs) (Camping)

**Day 13) Thangshing to Tshoka** (3000m / 5 to 6 hrs)  
(Camping / Hut)

**Day 14) Tshoka to Yuksam** (1875m / 5 to 6 hrs) (Hotel)

## **Yambong Singalila Trek**



The Yambong singalila trek is one of the rare spot on earth where the view embraces five summits rising above 7000m, amongst them are Mt. Everest, Mt. Makalu and Mt. Lhotse of Nepal and Mt. Kanchendzonga and Mt. Sinoclu of sikkim. During this treks one trek on the narrow paths adjacent to Indo – Nepal border, sometimes at the edge of the jungle, sometimes through rhododendron forests and sometimes along the top of the hills. The visit to some of the beautiful high altitude lakes in this trek will give a blend touch of both nature and culture which make the journey a rare venture.

Yambong singalila range is one of the few ranges to provide shelter to many endangered wild animals. In this range one would see animals like Red Panda, Himalayan Tahr, Blue Ship, Himalayan Black Bear and spectacular pheasants like Satyr Trapogan, Himalayan Monal and Blood Pheasant, however the sighting are very rare. One has to be Lucky enough to spot the animals.

Yambong Singalila Trek is one of the most beautiful and exciting trekking destination of Sikkim along with Goechala Trek, Kanchendzonga Trek, Uttarey singalila Trek, Kasturi Trek and Dzungri Trek.

## **Yambong Singalila Trek**

**Day 1) Nambu to Sang Khola** (2050m / 4 to 5 hrs)

(Camping)

**Day 2) Sang Khola to Naya Patal** (3000m / 4 to 5

hrs) (Camping)

**Day 3) Naya Patal to Lower Yambong** (3300m / 4 to 5

hrs) (Camping)

**Day 4) Lower Yambong to Upper Yambong** (3735m / 4 to

5 hrs) (Camping)

**Day 5) Upper Yambong to Gomathang** (3735m / 4 to 5

hrs) (Camping)

**Day 6) Gomathang to Pangding** (4210m / 4 to 5

hrs) (Camping)

**Day 7) Pangding to Dzungri** (3735m / 5 to 6 hrs) (Camping

/ Huts)

**Day 8) Dzungri to Lamune** (4164m / 5 hours) (Camping)

**Day 9) Lamune to Goechala – Thangshing** (4940m / 5 hrs /

3936m / 2 hrs) (Camping)

**Day 10) Thangshing to Tshoka** (3000m/ 4 to 5 hrs) (Camping

/ Hut)

**Day 11) Tshoka to Yuksam** (1560m / 6 hrs) (Hotel)

## **Goechala Kasturi Trek**



Goechala Kasturi Trek is a slightly different version of the Regular Goechala trek. Goechala Kasturi trek is also known as the Round trek or Kasturi Orar trek. This particular trek starts from Yuksom and ends up at Tashiding village. Kasturi trek passes through famous Dzongri view point and Goechala view point and divert itself from the regular Goechala trails from Thangshing on the way back. This trek provides spectacular views of the snow capped peaks and mountains range and falls exactly opposite to the Singalila mountain range. The views are simply Amazing a captivating during this trek and are less explored by the trekkers each year. This trek is especially suitable for the trekkers who love to explore less explored regions, face challenges and like to be with raw nature for bit longer period of time.

### **Goechala Kasturi Trek**

**DAY 1) Yuksom to Tshoka** (3050m / 6-7 hrs) (Camping / Hut)

**DAY 2) Tsokha to Dzongri (4030 m / 5-6 hrs) (camping / Hut)**

**DAY 3) Dzongri Rest and Acclimatization / Dzongrila (4300m) (camping / Hut)**

**DAY 4) - Dzongri to Thangsing (3930m / 5-6 hrs) (camping)**

**DAY 5) - Thangsing to Lamune (4130m / 2to 3 hrs) (camping)**

**DAY 6) - Lamune to Goechala (4940m 4 to 5 hrs) / Thangsing (2 hrs) (camping)**

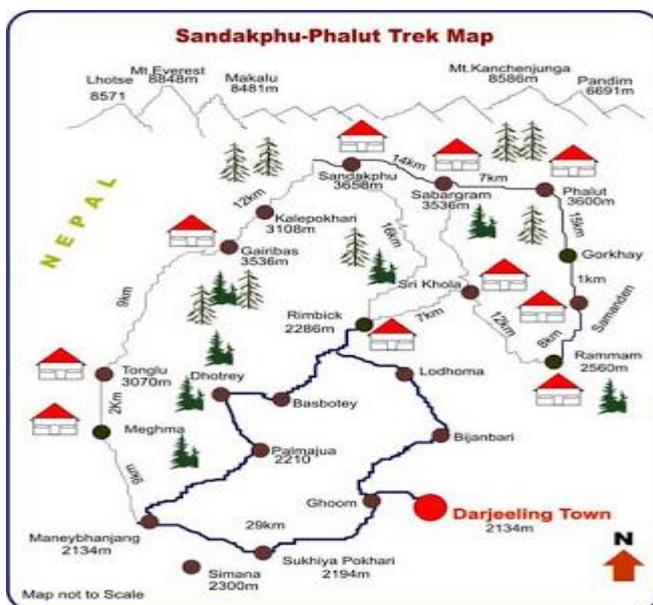
**DAY 7) Thansing to Lampokhari (4,230m / 4 to 5 hrs) (Camping)**

**DAY 8) Lampokhari to Kasturi (3,715m / 6 to 7 hrs)**

**DAY 9) Katuri to Labdang (1,830m / 6 to 7 hrs)**

**DAY 10) Labdang to Tashiding (1400m / 4 to 5 hrs) Then pick up by a vehicle and drive to Yuksam or Further to other destintion or halt at Yuksam or Tashiding.**

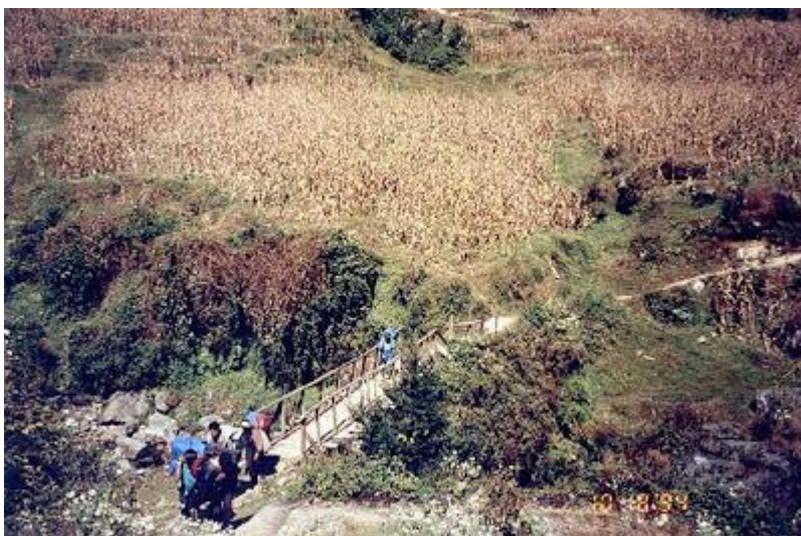
## Sikkim Darjeeling Kanchendzonga Trek



Sikkim Darjeeling Kanchendzonga Trekking is a popular long high altitude trek which offers Adventure Lovers to Experience the Pristine and Panoramic beauties of Himalayas of both the region. Sikkim Darjeeling Kanchendzonga Trek offers Sandhakphu Trek and Goechala Trek together as one. The views of the Snow capped Mountain Peaks and serene Beauty of both the region during the trek is Breathtaking. During this Trek one has the rare opportunity to witness and view the Singalila and Sikkim Himalayan range of Mountains and Peaks from different location and Angle. From Sandhakpu one has the rare Opportunity to view Mt. Everest and Mt. Kanchendzonga at a same time. The best view of Mt. Kanchendzonga is seen from Sandhakpu which is also known as Sleeping Buddha or Sleeping Shiva

Sikkim Darjeeling Kanchendzonga Trek is best suited for the Adventure Lovers and Trekkers who loves to Explore and be with the Himalayas for a longer period of time.

### **Sikkim Darjeeling Kanchendzonga Trek**



**Day 1) Bagdogra to Darjeeling** (2130 m / 3 to 4 hrs drive)  
(Hotel)

Arrive Bagdogra airport by plane and drive to Darjeeling, charming 4 hours journey, through Assam tea plantation and tiny villages takes us to Darjeeling. Built on top of the ridge, Darjeeling faces the Himalaya and is a popular destination for westerners as well as for the Indian alike.

**Day2) - Darjeeling Full Day sightseeing** (Hotel)

We could take an early trip to tiger hill to see the sunrise. Afterwards visit the famous Ghoom monastery that enshrines an image of the Maitreya Buddha (the coming Buddha). Later on visit the Himalayan mountaineering institute and tea plantation.

**Day3) - Darjeeling to Manay Bhanjang by Jeep** (2134m / 2 hrs) **Trek to Tonglu** (3070m / 2 to 3 hrs) (Camping / Lodge)

Early morning drive of about two hours from Darjeeling to Maney Bhanjang, a small village inhabited by Buddhist sherpas. From here one can get a view of the trekking route, which is an awesome, near vertical climb. Tonglu is a first camp, which is about 11 kms from Manay Bhanjang through dense forests, and hillsides covered with wild flowers and a breathtaking mountain view of incomparable Khanchendzonga and its neighbouring peaks.

**Day 4) Tonglu to Gairibas** (2620 m 3 to 4 hrs) (Camping / Lodge)

We take a mossy paved path, that snakes through a succession

of forests and hamlets, giving way from time to time, to spectacular mountain sceneries.

**Day 5) Gairibas to Sandakphu** (3640 m 4 to 5 hrs) (Camping / Lodge)

We steadily climb to join the ridge trail towards Kalipokhari . Afterwards we start a long and steep climb onto the Singalila ridge that leads us to Sandakphu. A remarkable 360 0 view from the top. In the foreground is a great basin set in the midst of the hills, the slopes covered with rhododendron and silver fir trees

**Day 6) Sandakphu to Phalut** (3600 m 5 to 6 hrs) (Camping / Lodge)

We walk to a prominent viewpoint for the magnificent sunrise over the Khanchendzonga, Jannu, Everest, Lhotse, Makalu and Cho Oyu. Throughout the day, there are ever – changing views: yak herders, silvery pine forests, tiny lakes ringed with grass, and the snow capped Himalayan range in the background.

**Day 7) Phalut to Raman** (2560 m 4 to 5 hrs) (Camping / Lodge)

A pleasant descent through the virgin forest of chestnut, hemlock , pine etc, till the trail reaches the meeting place of two streams called Gorkhey Khola (2500 m) then we climb up towards Raman via Samandin

**Day 8) Raman to Rimbik** (2280 m / 3 to 4 hrs) (Camping / Lodge)

From Raman the road is almost level walk for the first 8 to 9

km. we pass through numerous villages and cross the Sri Khola over a remarkable suspension bridge. The road rises steep, for about 1 km where it levels out again till it reaches Rimbik.

Overnight in a lodge or trekkers hut.

**Day 9) Rimbik to Yuksam** (8 to 9 hrs drive) (Hotel)

**Day 10) Yuksam to Tshoka** (3000m / 6 to 7 hrs) (Camping / Hut)

This trail leads up the Rathong valley, through thick, semi tropical forests. Afterwards a steep climb takes us to the tiny Tibetan village of Tshoka. The landscape has now changed into pine, rhododendron and magnolia forests. From tshoka we get our first view of mount Pandin and few other mountains.

**Day 11) Tshoka to Dzongri** (4020m / 4 to 5 hrs) (Camping / Hut)

A steep trail zigzags through temperate forests and large clusters of rhododendron, to the vast clearing of Phedang. During April and May, the spectacles are gorgeous, as the land becomes a mass of flowers. After 300 m, we follow the ridge to Dzongri, a pasture area for the yaks of Yuksam during off season times.

**Day 12) Dzongri to Thangshing** (3930m / 3 to 4 hrs)  
(Camping)

We descend through rhododendron forests towards the glacial Perk river. We establish our campsite on the grassy pastures land of Thangshing. The southern ridge of Khanchendzonga and glacier are visible directly ahead and there are close up views of Mt. Pandim.

**Day 13) Thangshing to Lamuni (4130m / 2 to 3 hrs)**

(Camping)

A pleasant walk below the west side of mount Pandim.

Throughout our way to Samiti Lake we will be accompany by mount Pandim in the right and massif mount Khanchendzonga in the front. We take our first sight on the glacier, and climb up to the Shore of Samiti Lake, reputed to be the sacred source of the Prek River. Ringed by prayer flags, the lake reflects forked peak, Kabru north, Goeha peak and other snow capped peaks.

**Day 14) Lamune to Goechala / Thangshing (4940m / 5 hrs / 2 hrs) (Camping)**

We have to leave quite early this morning probably at around 2 to 3 am, as fog and clouds descend on the pass shortly after sunrise. The trail to Goechala climbs steeply through moraines. From the pass, ringed with colourful prayer flags, we can see Khanchendzonga and beyond that, the Talung glacier.

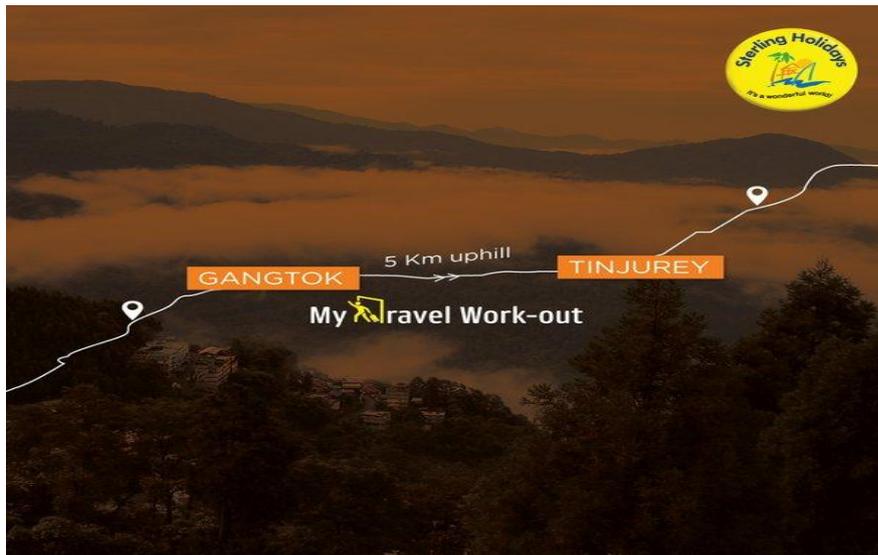
**Day 15) Thangshing to Tshoka (3000m / 5 to 6 hrs)**

(Camping / Hut)

**Day 16) Tshoka to Yuksam (1875m / 5 to 6 hrs) (Hotel)**

**Day 17) Yuksam to Bagdogra**

## Tinjurey Trek



In this trek you go for an easy day trek to Tinjurey - in Phambong-Iho Wild Life Sanctuary. The trek starts from Tashi View point at a distance of 8kms from Gangtok. It takes few steep climb in some stresses and covers 5kms in about 2.5hrs. The trek goes through the forests of magnolia, maple and pine. The forest is also home to deer, Leopard and many colourful birds. Enjoy the freshness of the surroundings as you proceed to the highest point at 2433m (7980ft) of the sanctuary. From the watch tower at Tinjurey Top you can see a fascinating view of the Gangtok town and Tista Valley on one side and the towering Kunchenjunga peak on the Northern horizons. We would serve you packed food at Tinjurey. Spend a leisure hour at the top of the hill and take some splendid photographs before coming back to Gangtok in the afternoon.

Tourist need the following to avail this day hiking at Tinjurey:

- Restricted area Permit of each individual tourist
- One Local

English/Hindi speaking route Guide. c) Hotel to trekking point and Trekking point to Hotel Car pickup/drop service's d) Trial food during trek.



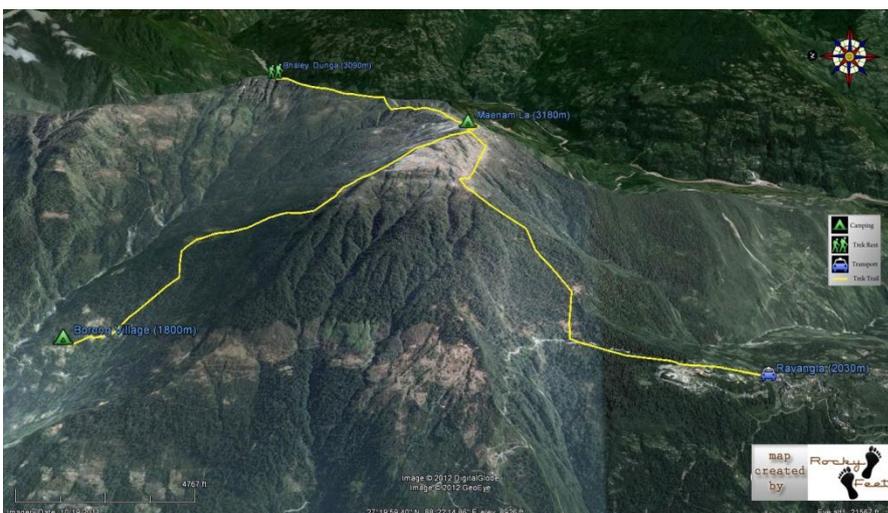
We can organize your day hiking to Tinjuery, charges are as follows:

2 to 4 Pax: Rs.1500/- Per person.

5 and above: Rs.1200/- Per person.

(Charges may change without notice. Please confirm with our guest service executive before confirming.)

### **Maenam Ia Camping:**



Ravangla –Maenamla (09 kms). This trek originates at Ravangla. You should start early for the trek, after breakfast starts for Maenam, which is appx.09 kms trek, located at an altitude of 3048 mts, the trek route passes through Maenam Sanctuary in Sikkim. The trek ends at Maenam la where you may camp for overnight halt.

Next day after breakfast you can go around Maenamla hill and from this place you can get excellent view of the mountains and valley, after short refreshment you may start your trek back to Ravangla, by the time you reach Ravangla it will be evening.

Actual fare: One Tour Guide 2000/- for 2 Days, One local route guide 1000/- for 2 Days, One Cook Rs.1400/-for 2 days, per person entry fees 100/-, Tent hiring charges Rs.400/- per tent for 2 days, carrying charges for Tents Rs.4000/-, Meal charges Rs.1000-800/- per person, Porter charges Rs.600 for 2 days, horse/donkey Rs 600 each for 2 days.



We can organize your 2 day camping trip to Maenamla, charges are as follows:

2 to 3 Pax: Rs.6000/- Per person.

4 and 6 pax: Rs.4000/- Per person.

7 and above: Rs.3000/- per person

(Rates may changes without notice. Please get the cost confirmed with our executive before booking)

**Source:** Various websites and Books